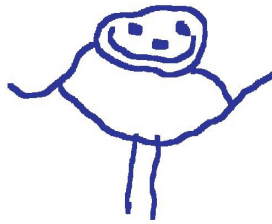


St.Thomas' Nursery Information Leaflet.

Parent's Guide to "School Readiness" and What it really means!

St.Thomas' Nursery



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'If you think you can, you can'

What it should mean?

- That your child is confident and happy, happy confident children settle well and learn best.
- That your child tries to be independent, but ask for help when needed.
- Can take themselves to the toilet
- That your child can take off their own coat and shoes and manage their clothing.
- That your child can eat their lunch with little help
- That your child is happy to experience new things and adapt to their new surroundings
- That they can try and listen
- That they can help tidy up
- That they can share space, toys and communicate ideas with other children.

What it does NOT mean?

- It does not mean that your child can read
- It does not mean they can write their own name.
- It does not mean that they can recognize letters and numbers.
- It does not mean they can do sums
- It does not mean they have to be able to do everything all by themselves (it is more important that they feel confident to have a go and try new things).

- **Don't expect it to all go smoothly , discuss any concerns with your child's teacher and don't forget as a parent you have the right to feedback on what is not going well.**

What parents can do

- Encourage independence
- Support them with nursery routines on arrival
- let them achieve and have a can do attitude to know things which will help your children believe they can do anything
- Understand they are growing and are very capable of having a go. There is no such thing as being too young or too little.
- Try not to use the term “big school” this can be daunting.
- Talk about the names of their new teachers
- Let them try on uniform and practice putting on PE kits
- **Ask your nursery for specific help if you are still concerned**

Top tips

- *Attend appointments such as speech and language and eye and hearing tests as these will prevent your children making progress if they concerns are not addressed.*

- *Read with your children at home without distractions.*

- *Try to have a good morning and night time routine that are not rushed so your children arrive at school and nursery in a calm frame of mind and are not tired from a late or disturbed night*

- *Allow them to try and carry out independent tasks such as getting dressed or doing little jobs or simple tasks where they have to follow simple instructions.*

- *Don't rush your child's attempts to do things for themselves their natural urge to be independent is good and should be embraced.*

If you would like a paper copy, please see a member of staff in Nursery and they will be able to provide this. We are also able to provide copies with larger text if required.

**Working in partnership
with parents for better
outcomes for children**



**Every Child
Matters**

5 Outcomes for children

Be Healthy

Stay Safe

Enjoy and Achieve

Make a positive contribution

Achieve Economic well being

